



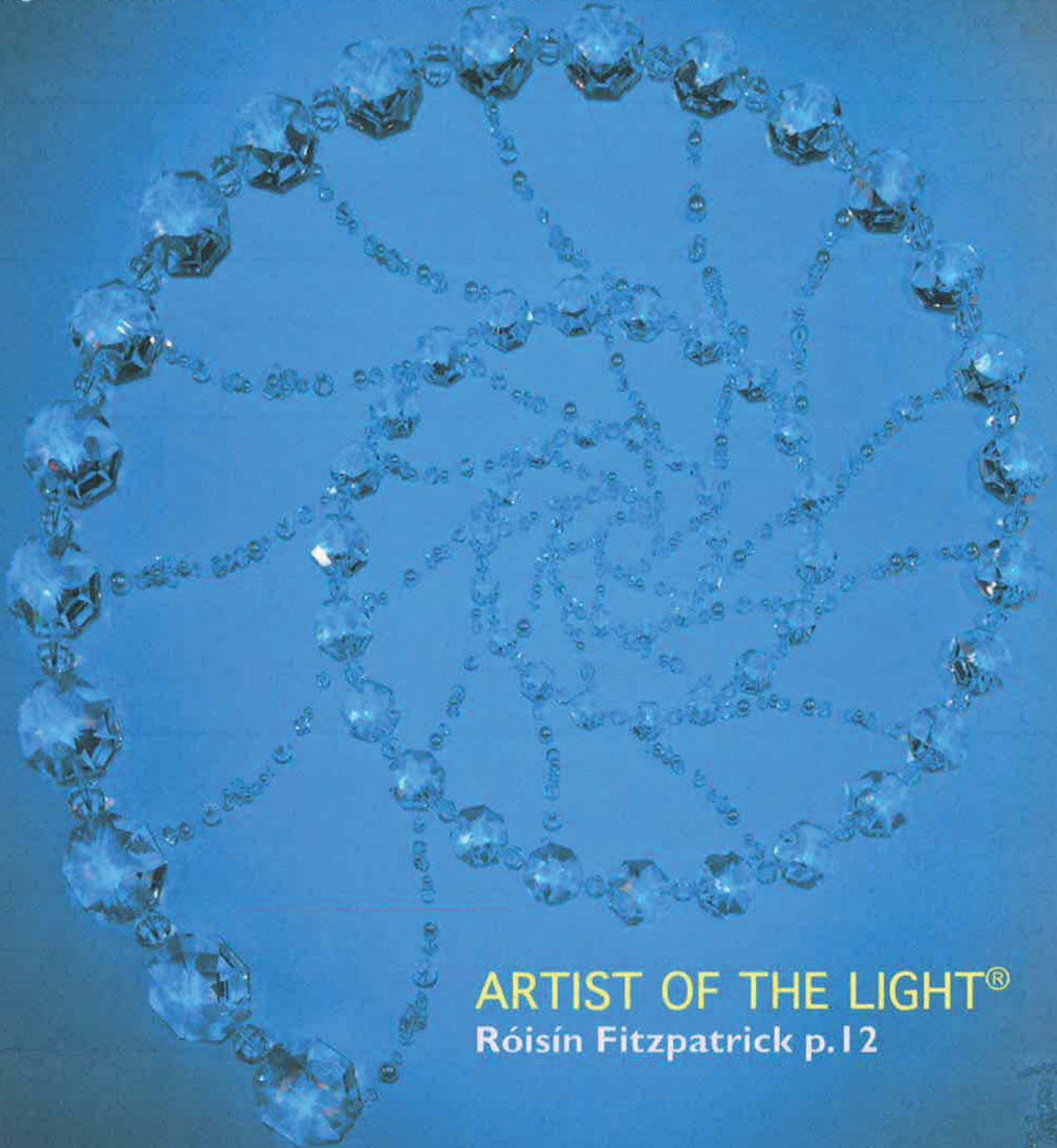
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ARTIST OF THE LIGHT®
Róisín Fitzpatrick p.12

DERMOT O'HARA
Shamanism -
A Global Reality p.7



NORAH CLIFFORD KELLY
Healing poetry book
that speaks to the Soul p.20





Artist of the Light®

ROISIN FITZPATRICK

My purpose in life has always been to create a better world for people to live in. After graduating from Trinity and the University of Geneva, I worked for the European Commission, United Nations and European Bank with the objective of assisting the transition of the central and eastern European countries.

I then realised that deeper change needed to come from within first before real progress can be made at other levels. I retrained and practised as a homeopath. One week before my brain haemorrhage and subsequent Near-Death Experience, I had asked the Universe to make me a clear channel.

Be careful what you ask for – you might just get it!

The day everything changed

My life was to change irrevocably at 1.45 on 22nd March 2004. It was a beautiful Monday afternoon, the day after my 35th birthday. I was on my own, listening to my favourite salsa track when suddenly a horrendous pain appeared at the base of my skull and my neck went into severe spasm pulling my head backwards. I began vomiting and experienced hot and cold sweats and weakness. The spasms in my neck made vomiting excruciatingly painful as my head lunged forward. I called an ambulance.

I had been told upon arrival in the hospital that I'd had a brain haemorrhage, and that I would have to undergo brain surgery the following morning. A hole was to be drilled into my skull to relieve the pressure on my brain. I know now they thought I was going to die that day.

I had to lie totally flat as I was in very serious danger of having a stroke. While in intensive care the enormity

of the situation dawned on me. I was attached to drips and wires and fighting for my life. I managed to remain calm but then I became scared and called for the nurse. A lovely Indian lady called Anna came over to me and held my hand and I asked her to tell me honestly what were my chances. She did her best to reassure me.

I knew I had to stay calm to survive because if I became stressed and my blood pressure increased, the flow of blood leaking into my brain would increase dramatically. I had meditated for years so I made the decision to be fully present in the moment, surrender to the experience and consciously focus all my energy and intention on coming from the calm, stillness of my soul. The most amazing experience then occurred.

I began to experience pulsating, vibrating waves of energy flowing throughout my body. I lay there in ecstasy, beyond the mind, a pure vibrational essence. In one way it did not matter. I was no longer aware of being in my

body or out of my body but just of being: beautiful, blissful, being. In that space, no-thing else matters or even exists. I transcended the physical pain and environment of intensive care by surrendering to this connection with the highest frequency of love, soul and truth. I completely let go and became aware that if this was my time to 'die' I would willingly let go. But then I thought of my parents. How would they cope if I died? I also remembered that the doctor said that I risked being paralysed for the rest of my life. I already been bed-ridden for a couple of years in my twenties from Chronic Fatigue Syndrome, and I didn't want to go through that pain again. Live in the moment, I thought. I imagined what it would be like to be a body that is paralysed by a stroke

– unable to walk, dance, do anything independently. By facing this fear, I was able to move through it and still feel this phenomenal energy pulsing, so I knew that even in this worst-case scenario, the connection would always be there.

Finally, I began to visualise being able to integrate all this amazing energy into my body and living a full and dynamic life. I held this as my focus and remained in this heightened state of awareness throughout the night. By choosing to focus on the present moment and not getting caught in fear of the future, I was open to the miracle that occurred.

I saw stunning vivid colours. I became pure energy. These waves of pure vibrational bliss extended to infinity. There was no beginning or end. No life or death. No out there or in here. It is all ONE incredibly potent, highly charged infinity of pure potentiality. From this place everything is possible. Only love, joy, peace, serenity, harmony, brimming creative potential are real. Anything that is not of this vibration quite clearly is an illusion! I now understood the phrase 'only love is real' from *The Course in Miracles*, and what the Dalai Lama meant by the quotation, 'When you know how to die, you know how to live.' When I experienced this vibration suddenly life and death became very clear to me. We shed our the physical body but our essence, core, or soul always exists, always has existed and will always exist. Life becomes very clear after such an incredible multi-sensorial experience.

The healing miracle

The following morning, the angiogram showed blood leakage about the size of the palm of my hand on the layer of tissue surrounding brain at the base of my skull. The doctor was surprised and amazed that the bleeding had stopped naturally and he told me I no longer required surgery! I felt truly blessed. I knew that the energy I had experienced the night before had enabled this miracle to happen.

My life has become very clear in terms of its purpose. It is quite simply to share the beauty of this experience through the art I create.

I know that many friends and family were all praying for me. I could tangibly feel all of this love and the power of their intentions. It was a very humbling experience, feeling such grace.

Over the following days I experienced very powerful healing experiences. The first was literally being held in God's hand. This enormous hand held me curled up in the foetal position in the palm. It felt safe to be there. My role was to just let go and allow my body to start the recovery process. Another strong visual experience was that I had disembarked from a huge, black ship that blocked out the skyline behind me. In front of me was a short wooden pier. At the end of this pier, I saw I was

surrounded by crystal-clear turquoise sparkling ocean. I dived in and went down, down, down endlessly and then went up, up, up into the infinity of the turquoise sky. The depths and the heights of this was infinite bliss. The final image was of going through a winter's garden with an old run-down mansion on

the grounds. Everything was very dark and ominous. I kept walking and as I passed by the flower beds, shrubs and trees they all came to life and displayed the most beautiful spring colours. In particular I remember a cherry blossom tree opening up and radiating vibrancy and life. The house became restored and beautiful. I feel that these visions symbolised the death and rebirth of my near-death experience.

During this time, although it was spiritually a wonderful experience, my physical body felt like it was being charged by a massive 240 watts where it should normally only manage about 40 watts! I was totally exhausted. I went from being someone who could salsa dance non-stop for hours on end to a person forced to lie flat in bed. My sensitivity was so heightened that the fluorescent lights were extremely painful, burning my eyes. Every sound was like a drumbeat. The chemical odours of the cleaning agents used in the hospital accosted my senses. To a certain degree this level of sensitivity still remains, which can be very challenging in a world where so much emphasis is on violence through wars, TV, films, computer games and the use of toxic chemicals.

Enlightenment

One of the greatest ironies of this whole experience was that by being forced to lie totally still for days, unable to move at all, I achieved total spiritual freedom! We run around in life, looking for joy and happiness, most often in places where it can never be found, as proven by the boom and bust of the Celtic Tiger. Paradoxically, it is ALL WITHIN us, all of the time! All of us can access the most

incredible bliss and frequency of love, which we can then share with everyone. When I was able to walk after about a week, I went to the meditation room in the hospital and saw a poster on the wall that bore the words, 'Be still and know that I am God'. For the first time I really understood this. We are all the same source energy, manifesting in different ways. Like grains of sand on the beach, each one of us is an individual yet we are all forming one greater whole.

It took about one year for my body to fully integrate this new vibration. Throughout that year, I consciously focused on building my body through rest, meditation and good food to raise its frequency to be able to accommodate this higher energy. My purpose is very clear: to be able to connect with and channel as much of this energy as possible in every moment of every day. I live by the quote from Marianne Williamson: 'As we let our own light shine, we unconsciously give other people permission to do the same.'

Gifts from my NDE

After I experienced the Near-Death Experience, I realised what happened. The best way of becoming a clear channel is to die and know there is no such thing as death and that we are always vibrating, pulsating energy! I have come back with a great sense of enthusiasm for life, and have absolutely no fear of dying. My fear would be of not fully living this life and enjoying every precious moment!

Through my experience I received so many gifts that I know I will have for the rest of my life. Paramount in this is access to a deep well of inner strength that comes from knowing the interconnectedness, awesome power and infinity of the Universe. This is an incredibly humbling experience but also a great realisation that this quantum field can be consciously tapped into at any moment in time. So whenever I begin to feel overwhelmed with heartbreak, financial worries or emotional strains, I deliberately choose to flow with this energy and miraculous solutions appear!

Artist of the Light

I am blessed that I am always in touch with this energy. I can go into this blissful state instantaneously with my thought, anytime, anywhere. I connect and come from this deep place within every time I create a piece of art. I allow myself to be a channel for this blissful, beautiful, infinite pool of vibrant, radiating energy. My intention is very clear. It is to share the beauty of this energetic frequency with everyone who chooses to connect with this vibration. I surrender to the pure creative potential of this experience and then watch as I become a thread in the tapestry of the Universe, as the magic is weaved! Every aspect of the art is inspired by and magnifies the light. Hence I share it as "Artist of the Light®".

The designs are portals to accessing your Soul. They are made by hand-sewing the highest-quality clear

Swarovski crystals onto white silk canvas. This maximises the reflection and the refraction of light. White is the combination of all the colours and is the highest vibration. There is also the option to shine different coloured LED lights onto the pieces, which help people to resonate with the different frequencies of light and their chakras.



Róisín and Noel Kilkenny, Consulate General of Ireland, New York

The response to my art has been phenomenal. From Art Ireland, the New York Art Expo and two galleries in Manhattan, people of all ages, cultures, walks of life have felt amazing connections with this art. Some people go into trance states, some feel the presence of relatives or friends who have passed over, others who feel a deep sense of inner peace and stillness and some feel incredible and inexplicable joy. It gives me the greatest pleasure to see so many people tuning into their higher potential. Children are the best as they are totally open. There has been tremendous generosity and sincere kindness on behalf of many people.

The art has been endorsed by best-selling authors Deepak Chopra and Marianne Williamson. Moya Brennan of Clannad has given permission for her ethereal music to play as the background on the videos of my art on my website. Buyers of my work include Roma Downey (lead actress from the series *Touched by an Angel*) and her husband, TV Producer Mark Burnett. My pictures also feature in the private and public collections of many leading European and US art collectors, including entrepreneur Richard Branson's new resort near New York and Fitzpatrick's Hotels in Manhattan.

Mrs Loretta Brennan Glucksman, Chairperson of the American Ireland Fund has interviewed me on Irish Radio in New York. All of the Irish American newspapers wrote articles about the artwork. I have also been given the opportunity to speak on numerous occasions at the main holistic centres in Manhattan New York, including the United Nations SRC Enlightenment Society. The most striking example of the power of intention with this art was when I meditated on sharing it with the people of New

York and during that same day it was shown on one of the largest billboards on Times Square! Simultaneously, the story was taken up by many papers in the US.

New Exhibition

Mr Noel Kilkenny has arranged a solo exhibition of my work at the Irish Consulate on Park Avenue in New York this Autumn – 3rd October to 16th November. This exhibition will provide a contemporary interpretation of all aspects of light, from the illumination of Newgrange at the winter solstice to various aspects of light in nature including the Whirlpool galaxy, water crystals and fractal designs.

“Inspiring” - Deepak Chopra

“Roisin Fitzpatrick’s beautiful art, with its combination of modern and Celtic elements, is a great example of contemporary Irish art.” - Noel Kilkenny, Consul General of Ireland, New York

“Mesmerizing, beautifully exquisite art” – Loretta Brennan Glucksman, Chairperson, The Ireland Fund

Artist of the Light® is also available to conduct guided tours by appointment only. Appointments may be scheduled via email at info@roisinfitzpatrick.com. Additional information is also available online at www.roisinfitzpatrick.com

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Located in an 18th Century house set in a beautiful landscape and nestled between the sea and the mountains Luisne features a wonderful walled garden near the house. Luisne offers a wide range of courses (some of these are drop-in and ongoing), day retreats and one-to-one therapy sessions.

Courses include: yoga, mystic healing, dance meditation, raw foods, organic gardening, art, vegetarian cooking, silent meditation, film evenings, drumming, stress management, chanting. Mysticism. . .

